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CHABAD LUBAVITCH OF RIVERDALE

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Shabbat Parshat Eikev

B"H

Friday, August 23rd, 2019

23 Av, 5779

Candle lighting 7:25 PM

Mincha at 7:35PM

Shabbat Services

Tanya/soul maps	8:30 AM
Shacharit	9:00 AM
Fabrengen	12:00 PM
Mincha	7:25 PM
Shabbat Ends	8:24 PM
Havdalah Service/Living Torah DVD of the Rebbe	8:24 PM

Junior Congregation

**Will RESUME AFTER
THE SUMMER!!!**

A TWEET TREAT FOR SHABBAT

6 reasons for God to give
us candies

<http://ChabadRiverdale.org/2909>

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FARBRENGEN: is sponsored by the Chai club and Daniel and Hadassah Kestenbaum in honor of the Aufruf of their son Zushye, who will be marrying Sarina Shrier of Rochester in Brooklyn this Sunday iyH.. Welcome to all of Zushye's siblings and other relatives from England and Israel.

CHABAD ELC: After an extensive search the ELC has hired Chaya Korn as our new Educational Director for our Chabad Early Learning Center. Andrea has a Masters degree in Psychology and Education from Touro College. She has been teaching, mentoring teachers and directing for over 20 years.

If you know anybody who would like to register their child for this upcoming year we have a few seats still available, please give them my email and I will forward it to Andrea. Email me at: Rabbi@ChabadRiverdale.org

JOIN US FOR THE HIGH HOLIDAYS!: If you will be away for the High Holidays and Daven with us all year, please consider sponsoring a seat for someone who can not afford. Chabad of Riverdale offers a unique style of services which uplift and renew the spirit! Seats are now available online at ChabadBronx.org/Holidays/High Holiday Reservations.

UPCOMING EVENTS AT CHABAD: SHABBAT AT THE OHEL:

Men are invited to experience a Shabbat at the Rebbe's Resting Place, the Ohel, on Shabbat, November 8-9th. we are renting a very nice house a few doors away, and you will have a most memorable Shabbat, Please email Rabbi@ChabadRiverdale.org.

HAVE YOUR MEZUZOT AND TEFILLIN: checked by Rabbi Feitel Lewin (the scribe) Sunday, September 22nd at Chabad of Riverdale.day from 9:30a-m 2pm. Please email Rabbi@ChabadRiverdale.org to reserve your spot.

FROM THE LEIBOWITZ FAMILY: " With our greetings of blessing to all from the Holyland Israel , much thanks from the Leibowitz family for the kindness and generosity of the community and the amazing kiddush we celebrated together, as we depart from Riverdale ...it is bittersweet, -Nisan , Yehudis, and Riva

THANK YOU: Thank you to all the members of the CSS who have given their time to protect our shul. If anyone is interested in becoming a member of CSS please contact Rodger at (718) 791-3897.

Eikev

Deuteronomy 7:12–11:25

In the Parshah of Eikev (“Because”), Moses continues his closing address to the Children of Israel, promising them that if they will fulfill the commandments (mitzvot) of the Torah, they will prosper in the Land they are about to conquer and settle in keeping with G-d’s promise to their forefathers.

Moses also rebukes them for their failings in their first generation as a people, recalling their worship of the Golden Calf, the rebellion of Korach, the sin of the spies, their angering of G-d at Taveirah, Massah and Kivrot Hataavah (“The Graves of Lust”). “You have been rebellious against G-d,” he says to them, “since the day I knew you.” But he also speaks of G-d’s forgiveness of their sins, and the Second Tablets which G-d inscribed and gave to them following their repentance.

Their forty years in the desert, says Moses to the people, during which G-d sustained them with daily manna from heaven, was to teach them “that man does not live on bread alone, but by the utterance of G-d’s mouth does man live.”

Moses describes the land they are about to enter as “flowing with milk and honey,” blessed with the “seven kinds” (wheat, barley, grapevines, figs, pomegranates, olive oil and dates), and as the place that is the focus of G-d’s providence of His world. He commands them to destroy the idols of the land’s former masters, and to beware lest they become haughty and begin to believe that “my power and the might of my hand have gotten me this wealth.”



Michael Muchnik



Chabad of Riverdale

EARLY LEARNING CENTER

Where Learning
Comes Alive!

A Comprehensive Jewish
preschool experience for
children ages 2-4.



PARTNER
WITH
CHABAD
OF RIVERDALE

Support a Chabad Program
that is meaningful to you!

High Holiday Services

Chabad of Riverdale offers a unique style of High Holiday services, which uplift and renew the spirit. Individuals at all levels of Hebrew ability will be able to follow the prayers, feel involved, and be inspired. The High Holiday services at Chabad will leave you invigorated and recharged for the **NEW YEAR!**

The services are open to all. Nobody will be refused a reservation due to lack of financial means.

LIMITED SEATS AVAILABLE Chabad Lubavitch of Riverdale

*invites you to join in our
HIGH HOLIDAY SERVICES*

HIGH HOLIDAY SCHEDULE 2019-5780

ROSH HASHANA - Saturday, Sunday & Monday September 29th & 30th, October 1st

YOM KIPPUR - Tuesday Evening & Wednesday, October 8th & 9th

For more information call Chabad Lubavitch of Riverdale (718) 549-1100 ext.10

Please circle which holiday(s) you will be attending.

Rosh Hashana

Yom Kippur

Please fill in the form below and mail it to:

Chabad Lubavitch of Riverdale 535 W. 246th Street, Riverdale, NY 10471

\$600.00 per Seat

Or, you may register on our website at: ChabadBronx.org » Holidays » High Holiday Reservations

Last Name	How many seats?	
First Name	# of men _____	# of women _____
Other Guest Names	Home Phone # _____	Cell Phone # _____
Address	City _____	State ____ Zip _____
Work #	Amount enclosed \$ _____	
Email:		

I've enclosed a check made payable to: Chabad of Riverdale, in the amount of \$_____ en-

Please charge \$_____, Mastercard Visa American Express

Card # _____ Exp Date: ____/____/____

Signature: _____ Date: ____/____/____

Men, please include Hebrew name & father's Hebrew Name (in English letters)

(Please write all information in English) _____

RIVERDALE & BEYOND

FEMALE ROOMATE WANTED: Kosher & S/S for newley renovated 2 bedroom apartment in Riverdale. EIK, PT doorman, laundry facilities in building. Close to shuls, shopping, parks & bus. Rent is \$925 plus utilities. Please call Bracha (917) 689-9986 email: zporal@aol.com

HOUSE FOR SALE BY OWNER: 6 bedroom (includes maids room on lower level)/6 bathroom (5 full plus 1 powder) house for sale by owner. Large circular driveway with 4 brick columns Extensive landscaping. Full gut renovation, all new. Call or text for details (917) 496-5373

THE GEMACH OF RIVERDALE: Provides interest-free loans to Riverdale families and individuals in our community who find themselves with unexpected shortfalls or short-term capital needs. The Gemach is flexible - providing interest-free loans from \$500-\$100,000, and with repayments up to 5 years. Founded in 2013, Gemach has funded over 30 loans totaling over \$325,000 for uses such as Credit Card Consolidation, Unexpected Tax Bills, Student Loan Payments, Starting a New Business, Medical Procedures, Home Repairs, Planning a Simcha, New Home Expenses, Tuition Payments. 1. If you or someone you know can use an interest free loan, please contact Gemach of Riverdale. 2. Every loan requires two guarantors who stand ready to repay if the borrower doesn't. We wish to acknowledge and thank all those people in the community who have served as guarantors for their fellow Jew. 3. Know that all inquiries and discussions with the Gemach are handled with absolute confidentiality. 4. To learn more about the Gemach or how you can help in this effort, please contact Rabbi Moish Drelich. The Gemach is an incredible community wide resource, established to help strengthen our Riverdale Jewish community. The Gemach has granted loans to members of every shul in our community. GemachOfRiverdale@gmail.com 917.408.3035

BIKUR CHOLIM:

Bikur Cholim of Riverdale wishes to inform you that the Yehuda Memorial Bikur Cholim Room at Montefiore Hospital will be fully stocked with food for Yom Tov.

We are currently planning the volunteer schedule for this coming year. If you would like to volunteer on a weekly, bi-monthly or monthly basis or you would like to volunteer for Respite please contact us. We need your help!! If you need more information about the room or the services Bikur Cholim provides year-round, please contact us Bikur Cholim of Riverdale or Tammy Alter at 917-543-4844 and Orital Weinroth at 917-257-5681.

TEHILLIM (PSALMS) LIST

We compile and maintain a Tehillim list of the names of people who need a refuah shlaima (speedy recovery) so we may all daven for them. Dr. Frimet Skolas has volunteered to coordinate names for a Tehillim list for the weekly Shabbat bulletin. So if you know someone who isn't well, please contact Frimet at 1-347-602-7951, fax 1-347-602-7951, or e-mail: skolasf@outlook.com. All names need to be reinstated 8 weeks after submission or they will automatically be deleted. Frimet will update the list every Wednesday evening.

Rabbi Adin ben Rivka Lea	Elisheva Malka bas Sarah Miriam	Reuven ben Aliza
Aaron Ben Rahel	Esther bas Rochel	Rivkah Leah bas Sarah Raiza
Aurilia Myriam bat Rivka Victoria	Esther bat Maguy	Riva Devorah bas Raizel Gittel
Avraham Ben Devorah	Ephraim Matan Ben Chana	Reizel Gitel bas Rochel Leah
Avraham Abba Ben Sara Chana	Feigele Frimet bas Devorah Blima	Ruth bas Rivka
Avraham Shmelka ben Sarah	Frimet bas Chaya Gitel	Rachel Chana bas Sidell
Baruch Moshe ben Esther	Freida Rochel bas Esther	Ruchama Maita bas Malka
Beila bas Sarah	Gershon Elchanan hachain ben Tzvia	Sara bat Shoshana
Bracha Faiga bas Yehudis	Gitel bas Sheindel	Sarah bas Yael
Bracha Rivkah bat Yehudis Devorah	Golda Shira bat Yenta Rochel	Schneur Chaim Yitzchok Alexander Ben Nechama Dina
Carmela bat Juliet	Hadassah Raizel bat Sorel	Shlome Alter Dov Yehuda Halevi ben Gila Esther
Channah bat Rivka	Hinda Sorah Rochel bas Yitta	Shmuel ben Ellen
Chana bas Devorah	Huna ben Esther	Sholom Mordechai Halevi Ben Rivkah
Chana bas Mushka	Juliet bat Hanna	Shoshanah Faige bas Devorah
Chana Breindel bas Gittel	Jadon and Anias bas Nicole	Sima bas Chana
Chaim Dovid ben Blume	Kalman ben Dobe	Sorah Hadassah bas Gittel
Chaim Shraga Feivel ben Chaya Leah Malka	Kayla Sarah bas Malka Yentel	Tzvi ben Miriam
Chana Chaya bas Yenta Bayla	Lea bat Valerie	Tzadik haLevi ben Masha Rachel
Chaya Bella bas Rivka	Leah bat Rachel	Yael bas Sarah
Chaya Sorah bas Devorah Yuda	Leah Luba bas Baila	Yakova bat Rachel
Channah Liba bat Chaya Sarah	Liat bat Carmela	Yaacov aryeh dov ben resha matel
Cherna bas Liba	Lieba Chaya bas Devora Yuda	Yakot bat Zochra
Daliya Bat Batya	Malka Devorah bat Ella Chava	Yehudit bat Sarah
Daveda shimona bas Malka rivka	Masha bas Tzimi	Yehudis Chaye bas Gittel
Devorah Hinda bat Bracha	Meir ben Trina	Yehudis Tirtza Chana bas Bracha
Devorah Lieba bas Yael	Menucha Rochel bas Gilah Elkah	Yissaschar ben Roza Rasha
Doba Baila bas Malka	Menachem Mendel Mordechai ben	Yona bas Chana
David Shlomo ben Lea	Mechachem Ksil ben Kayla	Yoshua Tzvi ben Nechama Lea
Dovid Shlomo ben Shoshana Malka	Moshe Chaim ben Yehudis	Yosef Yisrael ben Dina
Dovid ben Sarah	Moshe Yoel Lee ben Chana	Yosef bezalel ben Rus
Eheskiel Baruch Ben Leah	Miriam bas Chaya Sorah	Yonatan Halevi ben Malka
Eliyahu ben Miriam	Miriam Esther Bas Sorah	Zehava Nechama Chaya bat Elisheva
Eliezar Ben Pearl	Naftali Hertz Chaim ben Feiga Gitel	
Elisheva Malka bas Sarah Miriam	Nechama bas Chana	
Eliana bat Chana	Pesha Sorah bas Esther	

If you only knew - The Tzemach Tzedek said - the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers; they ascend higher and still higher with no interference; they prostrate themselves in supplication before the Master of all worlds; and they effect and accomplish with kindness and compassion (Chaf). We know that when an individual says any amount of Tehillim (Psalms) she/he can merit many blessings. This is particularly true when the entire book of Tehillim is recited by a group of individuals, since G-d blesses us when we are united in peace with one another. It is also considered as if each of the individuals who take part in the group recited the entire Tehillim, not just their allotted chapters. You can say it anytime and anywhere that Shabbat. If you wish to participate, please indicate how many average-sized chapters (psalms) you would like to say and your preference. I will contact you to let you know your allotted chapters. In the merit of saying Tehillim may we receive the blessings we need individually and for Klal Yisrael. Please reply to Frimet Skolas at skolasf@outlook.com or call 1-347-602-7951.

Are You a Jealous Person?

Why Envy is Ignorance

"The tenth and final of the Ten Commandments recorded in last week's portion (Vaeschanan) reads: "You shall not covet your neighbor's wife; you shall not covet your neighbor's house, nor his field, nor his manservant, nor his maidservant, nor his ox, nor his donkey, and anything that belongs to your neighbor." (Deuteronomy 5:17; Exodus 20:14).

The structure of the verse seems strange. In the beginning, the Bible specifies seven things we should not covet: "You shall not covet your neighbor's wife; you shall not covet your neighbor's home, nor his field, nor his manservant, nor his maidservant, nor his ox, nor his donkey." But then, at the conclusion of the verse, the Bible states: "And anything that belongs to your neighbor." Why the unnecessary redundancy? Why not just state at the onset "You shall not covet anything that belongs to your neighbor," which would include all of the specifics? And if the Torah does not want to rely on generalizations and wishes to specify details, why does it specify only a few items and then anyhow revert to a generalization, "And anything that belongs to your neighbor?"

A Holistic Story

In Hebrew, the word employed for "anything" and "everything" is identical, "Kol." Hence, the above verse can also be translated as, "You shall not covet your neighbor's wife; you shall not covet your neighbor's house, nor his field, nor his manservant, nor his maidservant, nor his ox, nor his donkey, and everything that belongs to your neighbor." By concluding the verse with these words, the Torah is not just instructing us not to covet anything of our neighbor, but also helping us achieve this difficult state of consciousness.

How could you demand from a person not to be jealous? When I walk into your home and observe your living conditions, your cars, your bank accounts, and your general life style, how could I not become envious?

The answer is, "Do not covet everything that belongs to your neighbor." What the Torah is intimating is that it is indeed easy to envy the home and spouse of your neighbor, his servants, his ox and donkey; yet the question you have to ask yourself is, do you covet "everything that belongs to your neighbor?" Are you prepared to assume his or her life completely? To actually become him?

You cannot see life as myriads of disjointed events and experiences. You can't pluck out one aspect of somebody's life and state "I wish I could have had his (or her) marriage, his home, his career, his money..." Life is a holistic and integrated experience. Each life, with its blessings and challenges, with its obstacles and opportunities, constitutes a single story, a narrative that begins with birth and ends with death. Every experience in our life represents one chapter of our singular, unique story and we do not have the luxury to pluck out a chapter from someone's story without embracing their entire life-journey.

When you isolate one or a few aspects of someone else's life, it is natural to become envious. But when you become aware of "everything that belongs to your neighbor," your perception is altered. Do you really want to acquire everything that is going on in his or her life?

So the next time you feel yourself coveting the life of the other, ask yourself if you really want to become them.