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CHABAD LUBAVITCH OF RIVERDALE

Shabbat Parshat Va'Etchanan—Nachamu ^{B"H}

Friday, August 16th, 2019

15 Av, 5779

Candle lighting 7:35 PM

Mincha at 7:45 PM

Shabbat Services

Tanya/soul maps	8:30 AM
Shacharit	9:00 AM
Mincha & Pirkei Avot - 3	7:35 PM
Shabbat Ends	8:35 PM
Havdalah Service/Living Torah DVD of the Rebbe	8:35 PM

Junior Congregation
Will RESUME AFTER
THE SUMMER!!!

A TWEET TREAT FOR SHABBAT

Who put the 2nd line into
Hear O Israel?

<http://ChabadRiverdale.org/1567174>

Updates	1
Parsha in a Nutshell	2
ELC/Partner with Chabad	2
High Holiday Form	3
Riverrdale & Beyond	4
Tehilim List	5
Weekly Article	6

KIDDUSH: If you would like to sponsor a Kiddush please contact the rabbi at Rabbi@ChabadRiverdale.org

GREAT NEWS!!: After an extensive search the ELC has hired **Andrea Cohen** as our new Educational Director for our Chabad Early Learning Center. Andrea has a Masters degree in Psychology and Education from Touro College. She has been teaching, mentoring teachers and directing for over 20 years.

If you know anybody who would like to register their child for this upcoming year **we have a few seats still available**, please give them my email and I will forward it to Andrea. Email me at: Rabbi@ChabadRiverdale.org

2000 WOMAN WORLDWIDE CHALLAH BAKE: SIGN - UP for the 15th of Av CHALLAH BAKE NOW! Give tzedakah and pray for singles to find their marriage partners on the 15th AV/ Friday, August 16, 2019. Registration closes Wednesday, August 14, Midnight, New York time! <https://challahbakeinternational.com/sign-up>

JOIN US FOR THE HIGH HOLIDAYS!!: If you will be away for the High Holidays and Daven with us all year, please consider sponsoring a seat for someone who can not afford. Chabad of Riverdale offers a unique style of services which uplift and renew the spirit! Seats are now available online at ChabadBronx.org/Holidays/High Holiday Reservations.

AND THE LIVING SHALL TAKE TO HEART:

Please say Tehillim or do a Mitzvah for our dear friends who have passed away:
June 27th; 14 Tamuz- Mr. Arthur Alexander - Arye Leib Ben Dovid Hakohen
Sep 30th; 21 Tishrei- Mrs. Myrna Zinn - Miriam bat Yosef
Oct 13th; 4 Cheshvon- Mrs. Gigi Frenkel - Golda Raizel bat Asher Menachem
Jan 16th; 10 Shevat- Mrs. Miriam Schreier - Miriam bat Nachman
March 6th; 29 Adar I- Mr. Jerry Selkin - Yosef Tzvi ben Avrohom Eliezer
May 19th; 14 Iyar- Mrs. Gertrude Moskowitz - Gittel bat Yisroel Ber
June 27th; 16 Sivan Mrs. Mara Goldstein Yonit bat Avraham

UPCOMING EVENTS AT CHABAD: SHABBAT AT THE OHEL:

Men are invited to experience a Shabbat at the Rebbe's Resting Place, the Ohel, on Shabbat, November 8-9th. we are renting a very nice house a few doors away, and you will have a most memorable Shabbat, Please email Rabbi@ChabadRiverdale.org.

HAVE YOUR MEZUZOT AND TEFILLIN: checked by Rabbi Feitel Lewin (the scribe) Sunday, September 22nd at Chabad of Riverdale.day from 9:30a-m 2pm. Please email Rabbi@ChabadRiverdale.org to reserve your spot.

SPECIAL THANK YOU: To **Rodger & Judy Kahn** for all the work they have done with instituting and managing the Chabad CSS and to **all members of CSS** for volunteering and protecting all of us.

Va'etchanan

Deuteronomy 3:23-7:11

Moses tells the people of Israel how he implored G-d to allow him to enter the land of Israel, but G-d refused, instructing him instead to ascend a mountain and see the Promised Land.

Continuing his "review of the Torah," Moses describes the Exodus from Egypt and the Giving of the Torah, declaring them unprecedented events in human history. "Has there ever occurred this great thing, or has the likes of it ever been heard? Did ever a people hear the voice of G-d speaking out of the midst of the fire... and live? ... You were shown, to know, that the L-rd is G-d... there is none else beside Him."

Moses predicts that, in future generations, the people will turn away from G-d, worship idols, and be exiled from their land and scattered amongst the nations; but from there they will seek G-d, and return to obey His commandments.

Our Parshah also includes a repetition of the Ten Commandments, and the verses of the Shema which declare the fundamentals of the Jewish faith: the unity of G-d ("Hear O Israel: the L-rd our G-d, the L-rd is one"); the mitzvot to love G-d, study His Torah, and bind "these words" as tefillin on our arms and heads, and inscribe them in the mezuzot affixed on the doorposts of our homes.



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Chabad of Riverdale
**EARLY
LEARNING
CENTER**

Where Learning
Comes Alive!

A Comprehensive Jewish
preschool experience for
children ages 2-4.



PARTNER
WITH
CHABAD
OF RIVERDALE

Support a Chabad Program
that is meaningful to you!

High Holiday Services

Chabad of Riverdale offers a unique style of High Holiday services, which uplift and renew the spirit. Individuals at all levels of Hebrew ability will be able to follow the prayers, feel involved, and be inspired. The High Holiday services at Chabad will leave you invigorated and recharged for the **NEW YEAR!**

The services are open to all. Nobody will be refused a reservation due to lack of financial means.

LIMITED SEATS AVAILABLE Chabad Lubavitch of Riverdale

*invites you to join in our
HIGH HOLIDAY SERVICES*

HIGH HOLIDAY SCHEDULE 2019-5780

ROSH HASHANA - Saturday, Sunday & Monday September 29th & 30th, October 1st

YOM KIPPUR - Tuesday Evening & Wednesday, October 8th & 9th

For more information call Chabad Lubavitch of Riverdale (718) 549-1100 ext.10

Please circle which holiday(s) you will be attending.

Rosh Hashana

Yom Kippur

Please fill in the form below and mail it to:

Chabad Lubavitch of Riverdale 535 W. 246th Street, Riverdale, NY 10471

\$600.00 per Seat

Or, you may register on our website at: ChabadBronx.org » Holidays » High Holiday Reservations

Last Name	How many seats?	
First Name	# of men _____	# of women _____
Other Guest Names	Home Phone # _____	Cell Phone # _____
Address	City _____	State ____ Zip _____
Work #	Amount enclosed \$ _____	
Email:		

I've enclosed a check made payable to: Chabad of Riverdale, in the amount of \$_____ en-

Please charge \$_____, Mastercard Visa American Express

Card # _____ Exp Date: ____/____/____

Signature: _____ Date: ____/____/____

Men, please include Hebrew name & father's Hebrew Name (in English letters)

(Please write all information in English) _____

RIVERDALE & BEYOND

FEMALE ROOMATE WANTED: Kosher & S/S for newley renovated 2 bedroom apartment in Riverdale. EIK, PT doorman, laundry facilities in building. Close to shuls, shopping, parks & bus. Rent is \$925 plus utilities. Please call Bracha (917) 689-9986 email: zporal@aol.com

HOUSE FOR SALE BY OWNER: 6 bedroom (includes maids room on lower level)/6 bathroom (5 full plus 1 powder) house for sale by owner. Large circular driveway with 4 brick columns Extensive landscaping. Full gut renovation, all new. Call or text for details (917) 496-5373

THE GEMACH OF RIVERDALE: Provides interest-free loans to Riverdale families and individuals in our community who find themselves with unexpected shortfalls or short-term capital needs. The Gemach is flexible - providing interest-free loans from \$500-\$100,000, and with repayments up to 5 years. Founded in 2013, Gemach has funded over 30 loans totaling over \$325,000 for uses such as Credit Card Consolidation, Unexpected Tax Bills, Student Loan Payments, Starting a New Business, Medical Procedures, Home Repairs, Planning a Simcha, New Home Expenses, Tuition Payments. 1. If you or someone you know can use an interest free loan, please contact Gemach of Riverdale. 2. Every loan requires two guarantors who stand ready to repay if the borrower doesn't. We wish to acknowledge and thank all those people in the community who have served as guarantors for their fellow Jew. 3. Know that all inquiries and discussions with the Gemach are handled with absolute confidentiality. 4. To learn more about the Gemach or how you can help in this effort, please contact Rabbi Moish Drelich. The Gemach is an incredible community wide resource, established to help strengthen our Riverdale Jewish community. The Gemach has granted loans to members of every shul in our community. GemachOfRiverdale@gmail.com 917.408.3035

BIKUR CHOLIM:

Bikur Cholim of Riverdale wishes to inform you that the Yehuda Memorial Bikur Cholim Room at Montefiore Hospital will be fully stocked with food for Yom Tov.

We are currently planning the volunteer schedule for this coming year. If you would like to volunteer on a weekly, bi-monthly or monthly basis or you would like to volunteer for Respite please contact us. We need your help!! If you need more information about the room or the services Bikur Cholim provides year-round, please contact us Bikur Cholim of Riverdale or Tammy Alter at 917-543-4844 and Orital Weinroth at 917-257-5681.

TEHILLIM (PSALMS) LIST

We compile and maintain a Tehillim list of the names of people who need a refuah shlaima (speedy recovery) so we may all daven for them. Dr. Frimet Skolas has volunteered to coordinate names for a Tehillim list for the weekly Shabbat bulletin. So if you know someone who isn't well, please contact Frimet at 1-347-602-7951, fax 1-347-602-7951, or e-mail: skolasf@outlook.com. All names need to be reinstated 8 weeks after submission or they will automatically be deleted. Frimet will update the list every Wednesday evening.

Rabbi Adin ben Rivka Lea	Elisheva Malka bas Sarah Miriam	Reuven ben Aliza
Aaron Ben Rahel	Esther bas Rochel	Rivkah Leah bas Sarah Raiza
Aurilia Myriam bat Rivka Victoria	Esther bat Maguy	Riva Devorah bas Raizel Gittel
Avraham Ben Devorah	Ephraim Matan Ben Chana	Reizel Gitel bas Rochel Leah
Avraham Abba Ben Sara Chana	Feigele Frimet bas Devorah Blima	Ruth bas Rivka
Avraham Shmelka ben Sarah	Frimet bas Chaya Gitel	Rachel Chana bas Sidell
Baruch Moshe ben Esther	Freida Rochel bas Esther	Ruchama Maita bas Malka
Beila bas Sarah	Gershon Elchanan hachain ben Tzvia	Sara bat Shoshana
Bracha Faiga bas Yehudis	Gitel bas Sheindel	Sarah bas Yael
Bracha Rivkah bat Yehudis Devorah	Golda Shira bat Yenta Rochel	Schneur Chaim Yitzchok Alexander Ben Nechama Dina
Carmela bat Juliet	Hadassah Raizel bat Sorel	Shlome Alter Dov Yehuda Halevi ben Gila Esther
Channah bat Rivka	Hinda Sorah Rochel bas Yitta	Shmuel ben Ellen
Chana bas Devorah	Huna ben Esther	Sholom Mordechai Halevi Ben Rivkah
Chana bas Mushka	Juliet bat Hanna	Shoshanah Faige bas Devorah
Chana Breindel bas Gittel	Jadon and Anias bas Nicole	Sima bas Chana
Chaim Dovid ben Blume	Kalman ben Dobe	Sorah Hadassah bas Gittel
Chaim Shraga Feivel ben Chaya Leah Malka	Kayla Sarah bas Malka Yentel	Tzvi ben Miriam
Chana Chaya bas Yenta Bayla	Lea bat Valerie	Tzadik haLevi ben Masha Rachel
Chaya Bella bas Rivka	Leah bat Rachel	Yael bas Sarah
Chaya Sorah bas Devorah Yuda	Leah Luba bas Baila	Yakova bat Rachel
Channah Liba bat Chaya Sarah	Liat bat Carmela	Yaacov aryeh dov ben resha matel
Cherna bas Liba	Lieba Chaya bas Devora Yuda	Yakot bat Zochra
Daliya Bat Batya	Malka Devorah bat Ella Chava	Yehudit bat Sarah
Daveda shimona bas Malka rivka	Masha bas Tzimi	Yehudis Chaye bas Gittel
Devorah Hinda bat Bracha	Meir ben Trina	Yehudis Tirtza Chana bas Bracha
Devorah Lieba bas Yael	Menucha Rochel bas Gilah Elkah	Yissaschar ben Roza Rasha
Doba Baila bas Malka	Menachem Mendel Mordechai ben Miriam	Yona bas Chana
David Shlomo ben Lea	Mechachem Ksil ben Kayla	Yoshua Tzvi ben Nechama Lea
Dovid Shlomo ben Shoshana Malka	Moshe Chaim ben Yehudis	Yosef Yisrael ben Dina
Dovid ben Sarah	Moshe Yoel Lee ben Chana	Yosef bezalel ben Rus
Eheskiel Baruch Ben Leah	Miriam bas Chaya Sorah	Yonatan Halevi ben Malka
Eliyahu ben Miriam	Miriam Esther Bas Sorah	Zehava Nechama Chaya bat Elisheva
Eliezar Ben Pearl	Naftali Hertz Chaim ben Feiga Gitel	
Elisheva Malka bas Sarah Miriam	Nechama bas Chana	
Eliana bat Chana	Pesha Sorah bas Esther	

If you only knew - The Tzemach Tzedek said - the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers; they ascend higher and still higher with no interference; they prostrate themselves in supplication before the Master of all worlds; and they effect and accomplish with kindness and compassion (Chaf). We know that when an individual says any amount of Tehillim (Psalms) she/he can merit many blessings. This is particularly true when the entire book of Tehillim is recited by a group of individuals, since G-d blesses us when we are united in peace with one another. It is also considered as if each of the individuals who take part in the group recited the entire Tehillim, not just their allotted chapters. You can say it anytime and anywhere that Shabbat. If you wish to participate, please indicate how many average-sized chapters (psalms) you would like to say and your preference. I will contact you to let you know your allotted chapters. In the merit of saying Tehillim may we receive the blessings we need individually and for Klal Yisrael. Please reply to Frimet Skolas at skolasf@outlook.com or call 1-347-602-7951.

Land and See

"Don't you see?" we insist when the person we're arguing with won't recognize the shining truth that's staring us both in the face. "Oh, I see..." we concede when yet another comfortable fallacy is debunked. We may have five senses with which to apprehend our world, but somehow, "I smelled it with my own nose" or even "I felt it with my own hands" doesn't carry the authority of "I saw it with my own eyes." What we "see" ~ whether literally or figuratively ~ is unequivocally, incontestably real.

"Let me cross over," Moses implored G-d as the people of Israel camped on the eastern bank of the Jordan, "and let me see the good Land." But G-d refused. We all know the tragic tale. Moses, who had taken the people out of Egypt, who had climbed Mount Sinai to receive the Torah for them and returned to teach them the word of G-d, who for forty years tended to their hungers and thirsts, their doubts and complaints and rebellions ~ Moses was to die and be buried in the plains of Moab, and his disciple, Joshua, was to lead a new generation of Jews into the Promised Land.

But upon closer examination, Moses' prayer was at least partially answered. Moses asked to cross over and to see the Land; G-d refused the first part of the request and granted the second. "Ascend to the top of the summit," G-d said to Moses, "... and see it with your eyes; for you shall not cross this Jordan."

Our sages note that all Moses' achievements are eternal and everlasting. Moses liberated us from slavery, and from that moment we have been inherently, irrevocably free: nations may subjugate us physically, but no force on earth can subdue the Jewish soul. Moses gave us the Torah, and never shall the Torah depart from Israel. Even the Mishkan, the "temporary" Sanctuary built by Moses in the desert, was never destroyed (as were the permanent Divine abodes built by Solomon and Ezra in Jerusalem), but mysteriously hidden away in an undisclosed place, where it remains intact to this very day.

Chassidic teaching explains that this is the deeper reason why Moses was not allowed to enter the Land of Israel. If Moses would have settled us in the Land, we could never have been exiled from it. If Moses would have built the Holy Temple, it could never had been destroyed. If Moses would have established the people of Israel in their homeland as a "light unto the nations," that light could never have been dimmed.

If Moses would have crossed the Jordan, that would have been the end: the end of the struggle, the end of history.

G-d wasn't ready for the end yet. So He decreed that Moses remain in the desert. But He did allow him to see the Land. And because Moses saw it, and because the effect of everything Moses did is everlasting, we, too, can see it.

At all times, and under all conditions, we have the power to ascend a summit within us and see the Promised Land. No matter how distant the end-goal of creation may seem, we have the power to see its reality, to know its truth with absolute clarity and absolute conviction.

We are still in the midst of the struggle. It is a difficult, oft-times painful struggle; but it is not a blind struggle. Moses has seen to that.